

Minutes
Stanly County Unit NCRSP
February 23, 2017

The Stanly County Unit of NCRSP met in the fellowship hall at First Baptist Church of Albemarle for the February 23, 2017 meeting.

President Cindy Misenheimer welcomed 52 members and 3 guests in attendance. She expressed appreciation to First Baptist Church for their generous support in hosting this meeting and for the lovely valentine table decorations.

Cindy shared that Mary Adkins would not be in attendance today. Mary and her husband Joe Adkins are the proud grandparents of a baby boy. Mary will be taking a few days to be with her daughter Mary Emily in Charlotte.

Cindy welcomed Teresa Poplin from the Carolina Health Center for the program on cardio pulmonary health. She stressed the importance of prevention, choices, lifestyle, and managing stress to have better heart health. Don't delay the signs, get moving, eat less saturated fat, and grill meats as often as possible. She encouraged everyone to exercise more and to learn to relax.

Cindy welcomed representatives from the NCRSP Region 3 leadership in attendance for greetings. Sharing membership goals were Marilyn McLean and Ira Le Verne Reed from Charlotte Mecklenburg. They encouraged members to continue to support educators, serve as regional and state officers, and to attend regional and state meetings scheduled. They shared that they were very impressed with the attendance and support in Stanly County for the NCRSP.

Members received handouts for the Stanly County Unit agenda, Insight issue, minutes, and treasurers report for review.

Cindy shared that the rental fee for Dennis Vineyard is \$225.00 for each meeting. She shared that we will look at this expense as we choose locations for future meetings. Dennis Vineyard is currently making renovations at A Place in the Vineyard and we will need to meet at First Baptist for the March meeting.

Members were given the opportunity to bring donations for Teacher/Staff Appreciation for this meeting. We will also take donations at the March 23 meeting for this effort.

Cindy recognized Kim Whitley for an update on box top coupons being collected this year. Kim encouraged everyone to support this effort in support of educators and students.

Cindy shared the funeral arrangements for Mattie B. Cranford and her husband at Central Methodist Church in Albemarle on Saturday. Members had received a message earlier by email to share of the passing of this couple.

Dwight Eudy shared the selections on the menu today and Cindy gave the invocation.

Following the meal and fellowship, the door prize drawing was held. Winning the free meal for the March luncheon was Brenda Kimrey.

Before adjourning the meeting, Cindy encouraged members to review the Legislative Bill HB12. She will share more information about this bill and its impact on retirees at the next meeting.

The next meeting will be held at First Baptist Church of Albemarle on March 23.

Respectfully Submitted,

Claudette Burris
NCRSP Stanly Unit Secretary