



Sponsored by

Carolinas HealthCare System Stanly

WHEN

Saturday, October 8, 2017

5K • 2:00 p.m.

WHERE

Carolinas HealthCare System Stanly

301 Yadkin Street | Albemarle

Online Registration Deadline • October 4, 2017

5K • \$15

RunSignUp.com/Race/NC/Albemarle/HealthWave5KFunRun

Registration is also available at Vac & Dash

Day of Registration

5K • \$20

Early Packet Pickup • Thursday, October 5, 2017

• 5-7 p.m. at CHS Stanly's Main Entrance •

Course practice run at packet pickup begins at 5:30 p.m.

Make Checks Payable to

Carolinas HealthCare System Stanly

P.O. Box 1489, Albemarle, NC 28002

Wellness matters to Carolinas HealthCare System Stanly.

This 5K is designed to encourage individuals to embrace their own health and wellness by working towards becoming healthier through physical activity. In addition, each participant's entry fee will be donated to the Stanly County non-profit of their choice.

Start It, Stanly

The HealthWave is the last of six races in the Start It, Stanly Race Series sponsored by Carolinas HealthCare System! Be on the lookout for next year's race dates, as well as free training opportunities, as we approach 2018.

Don't forget this year's

Celebration Dinner on

Monday, November 13 from

6-8 p.m. at Carolinas

HealthCare System Stanly!

For more information and to check the series standings, visit CarolinasHealthCare.org/StartItStanly



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Non-Profit Suggestions

- o Butterfly House Children's Advocacy Center
o C.A.R.E. Cafe
o Coltrane LIFE Center
o Ester House of Stanly County
o GHA Autism Supports
o John P. Murray Community Care Clinic
o Pregnancy Resource Center of Stanly County
o Stanly Community Christian Ministries
o Stanly County Family YMCA
o Stanly County Humane Society
o Stanly County Relay for Life
o Stanly County Schools Educational Foundation
o Stanly Health Foundation
o United Way of Stanly County
o Other

ENTRY FORM

Make Checks Payable to
Carolinas HealthCare System
Stanly

Name

Address

Email

Phone Gender

Birthdate Age on Race Day

T-Shirt Size Youth S M L XL

Adult S M L XL 2XL 3XL

CHS Teammate ID (for All-In-To-Win Credit)

Please circle your Local Non-Profit in the right-hand column

* Donations can also be made to the school PTO of your choice.

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, Carolinas HealthCare System, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Print Name

Signature

Date

Print Name of Minor

Signature of Guardian

Date